

**Debrief:**

Thank you for taking the time to complete this questionnaire. If you would like any further information about this study then please feel free to e-mail me on Elizabeth.bates@cumbria.ac.uk

If any of the issues in this questionnaire were distressing and you feel you need support please contact any of the organisations below for help:

**Let Go** – *Domestic Violence Service providing a wide range of services to individuals experiencing domestic abuse in North Lancashire and Cumbria.*

03448 736290

**National Domestic Violence Helpline** – *A service mainly for women that provides urgent and in-depth emotional support for those suffering from domestic violence.*

0808 2000 247

*Also available via e-mail*: **helpline@womensaid.org.uk**

**Mankind** *Emotional support and practical advice for men experiencing domestic violence.*

**01823 334244**

**Broken Rainbow** - the LGBT domestic violence charity

0800 999 5428

*Also available via e-mail*: help@brokenrainbow.org.uk

**LGBT Domestic Abuse Forum**

0207 345 6316

*Also available via e-mail*: info@lgbtdaf.org